



PARENT GUIDE

PLAY. FUN. SPORTS.

At Upward Cheerleading, we believe that kids sports should be fun, so we:

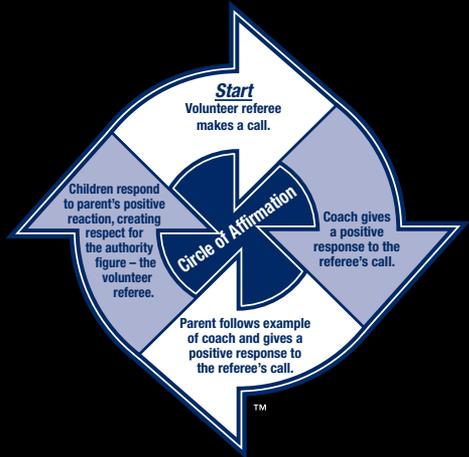
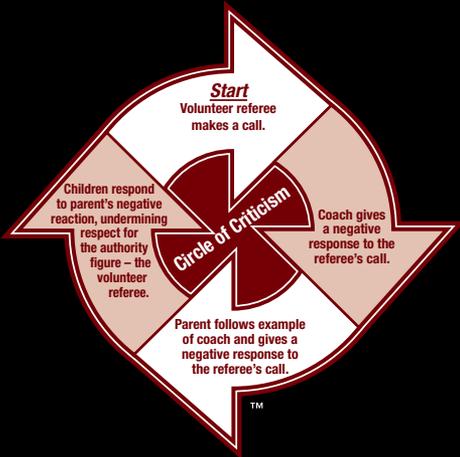
- › Create a fun sports environment
- › Teach sport fundamentals
- › Teach life lessons from the Bible during practice huddles
- › Teach cheers that encourage both teams playing
- › Have coaches who are focused on having fun, developing skills and building character
- › Supply each child with a professional-looking uniform and other team-building items
- › Recognize each child's contribution at the end of every game
- › Stick to a family-friendly practice and game schedule
- › Keep the fun and learning going through TeamUpward.com

How can I make this a positive sports experience for my child?

- › Make sure your child is on time to games and practices
- › Help your child register and encourage them to visit TeamUpward.com regularly
- › Volunteer to bring snacks on a game day
- › Uphold the Circle of Affirmation on game day (see other side)



As a parent you play a critical role in building a positive game day environment. Upward Cheerleading should encourage and enhance the encouraging atmosphere of game day. This includes supporting teams, coaches and referees with encouraging comments throughout the game. The circles below illustrate the difference between a negative and positive way to respond to a referee's call.



What is TeamUpward.com and how does my child register?

Inside your child's box is an invitation for them to participate in TeamUpward.com. It also includes extra invitations for them to give out to their friends, especially those who may not be on an Upward Sports team.

What if I have questions during the season?

Your child's coach can answer most of your questions about this league. But if you need further assistance, talk to the league director. If you would like to learn more about Upward Sports™ in general, please visit Upward.org.



**Want to show your
Upward Sports Spirit?
Visit UpwardFan.com today!**

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