

UPWARD BASKETBALL

PARENT GUIDE

PLAY. FUN. SPORTS.

At Upward Basketball®, we believe that kids sports should be fun, so we:

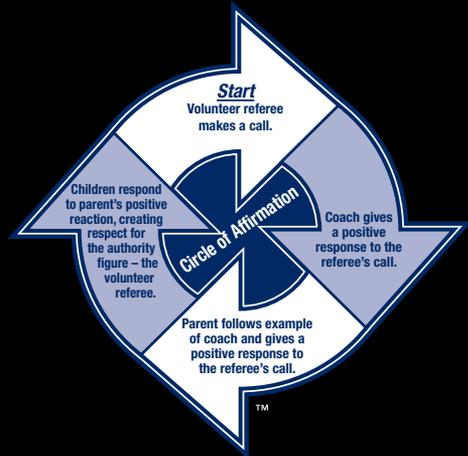
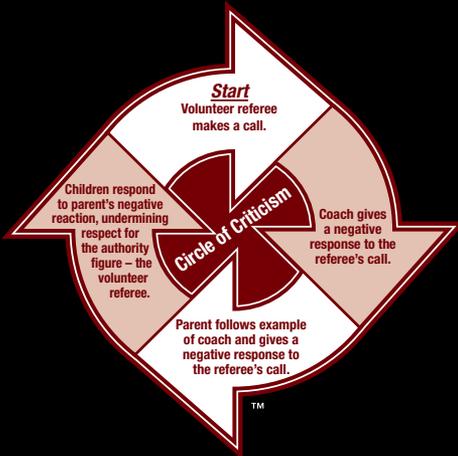
- › Create a fun and competitive sports environment
- › Teach sport fundamentals
- › Teach life lessons from the Bible during practice huddles
- › Seek to create equally-balanced teams
- › Utilize a specially designed substitution system
- › Apply unique rules which can be found at Upward.org/Rules
- › Have coaches who are focused on having fun, developing skills and building character
- › Have referees who help teach the sport on game day
- › Supply each child with a professional-looking uniform and other team-building items
- › Stick to a family-friendly practice and game schedule
- › Allow children to experience healthy competition which includes winning and losing
- › Keep the fun and learning going through TeamUpward.com

How can I make this a positive sports experience for my child?

- › Make sure your child is on time to games and practices
- › Help your child register and encourage them to visit TeamUpward.com regularly
- › Volunteer to bring snacks on a game day
- › Uphold the Circle of Affirmation on game day (see other side)



As a parent you play a critical role in building a positive game day environment. The circles below illustrate the difference between a negative and positive way to respond to a referee's call.



What is TeamUpward.com and how does my child register?

Inside your child's box is an invitation for them to participate in **TeamUpward.com**. It also includes extra invitations for them to give out to their friends, especially those who may not be on an Upward Sports team.

What if I have questions during the season?

Your child's coach can answer most of your questions about this league. But if you need further assistance, talk to the league director. If you would like to learn more about Upward Sports in general, please visit **Upward.org**.

Want to show your Upward Sports Spirit? Visit UpwardFan.com today!

